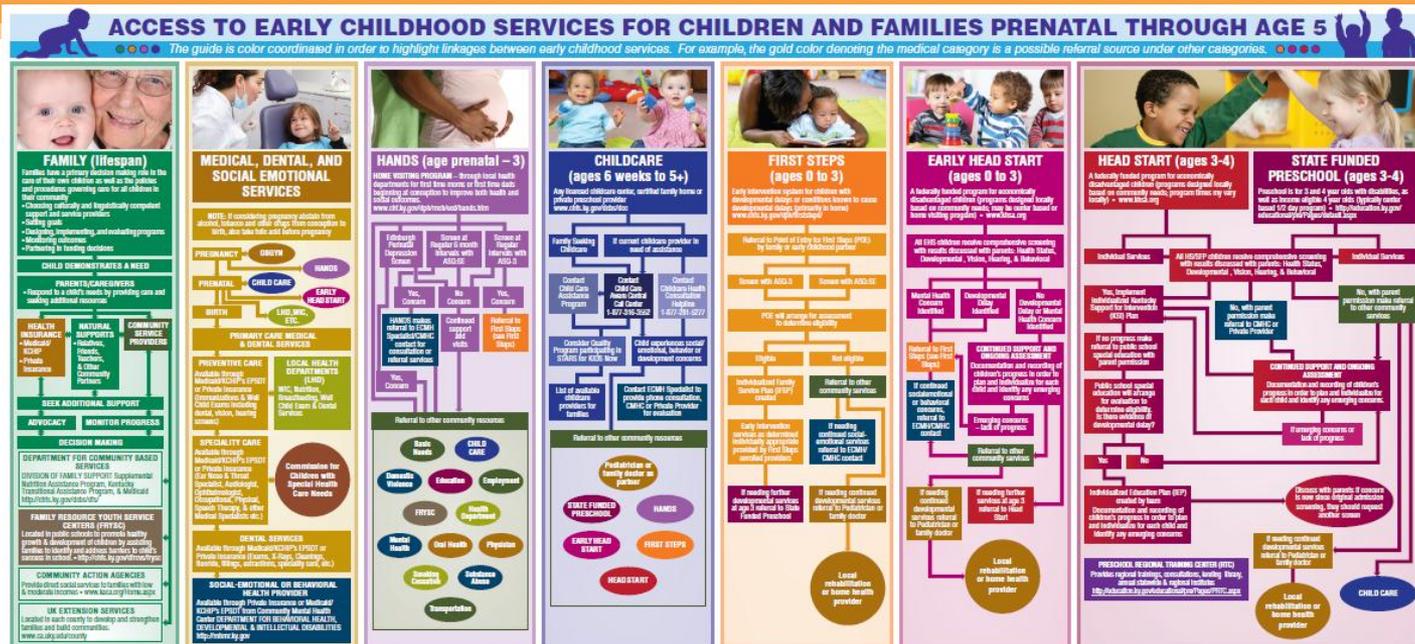


ACCESS TO EARLY CHILDHOOD SERVICES FOR CHILDREN AND FAMILIES PRENATAL THROUGH AGE 5

Kentucky's System to Enhance Early Development

Laura Beard
Early Childhood Family Network
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- Welcome to the ***second version*** of the **Access to Early Childhood Services Guide (EC Guide)**, which identifies services for children and families from the prenatal stage through age 5. The EC Guide was created by the Early Childhood Family Network (ECFN), a consortium of service providers and family members, who are committed to strengthening and connecting early childhood programs, and educating and linking families to services through materials, conferences, & Peer to Peer support.

Made possible by:

Early Childhood Comprehensive Systems Grant (ECCS grant through DPH, MCH Division)

Kentucky Partnership for Families and Children, Inc. (KPFC)

Kentucky's System to Enhance Early Development (KY SEED)

Developed in Conjunction with:

-Kentucky Partnership for Family and Children, Inc., Early Childhood Family Network Committee

-Governor's Office of Early Childhood
-Department of Public Health (DPH), Division of Maternal and Child Health (MCH)

-Department for Community Based Services, Division of Child Care

-Department for Behavioral Health, Developmental & Intellectual Disabilities

-Kentucky Department of Education, Office of Next Generation Learners





FAMILY (lifespan)

Families have a primary decision making role in the care of their own children as well as the policies and procedures governing care for all children in their community

- Choosing culturally and linguistically competent support and service providers
- Setting goals
- Designing, implementing, and evaluating programs
- Monitoring outcomes
- Partnering in feeding decisions

CHILD DEMONSTRATES A NEED

PARENTS/CAREGIVERS

- Respond to a child's needs by providing care and seeking additional resources



SEEK ADDITIONAL SUPPORT

ADVOCACY MONITOR PROGRESS

DECISION MAKING

DEPARTMENT FOR COMMUNITY BASED SERVICES

DIVISION OF FAMILY SUPPORT: Supplemental Nutrition Assistance Program, Kentucky Transitional Assistance Program, & Medicaid
<http://fhs.ky.gov/dcs/dcs/>

FAMILY RESOURCE YOUTH SERVICE CENTERS (FRYSC)

Located in public schools to promote healthy growth & development of children by assisting families to identify and address barriers to child's success in school. • <http://fhs.ky.gov/dcs/frycsc>

COMMUNITY ACTION AGENCIES

Provide direct social services to families with low & moderate incomes • www.kaca.org/Home.aspx

UK EXTENSION SERVICES

Located in each county to develop and strengthen families and build communities.
www.uky.edu/county



MEDICAL, DENTAL, AND SOCIAL EMOTIONAL SERVICES

NOTE: If considering pregnancy abstain from alcohol, tobacco and other drugs from conception to birth, also take folic acid before pregnancy



PRIMARY CARE MEDICAL & DENTAL SERVICES

PREVENTIVE CARE
 Available through Medicaid/KCHIP's EPSDT or Private Insurance (Immunizations & Well Child Exams including dental, vision, hearing screens)

LOCAL HEALTH DEPARTMENTS (LHD)
 WIC, Nutrition, Breastfeeding, Well Child Exam & Dental Services

SPECIALITY CARE
 Available through Medicaid/KCHIP's EPSDT or Private Insurance (Ear Nose & Throat Specialist, Audiologist, Ophthalmologist, Occupational, Physical, Speech Therapy, & other Medical Specialists, etc.)

Commission for Special Health Care Needs

DENTAL SERVICES

Available through Medicaid/KCHIP's EPSDT or Private Insurance (Exams, X-Rays, Cleanings, fluoride, fillings, extractions, specialty care, etc.)

SOCIAL-EMOTIONAL OR BEHAVIORAL HEALTH PROVIDER

Available through Private Insurance or Medicaid/KCHIP's EPSDT from Community Mental Health Center DEPARTMENT FOR BEHAVIORAL HEALTH, DEVELOPMENTAL & INTELLECTUAL DISABILITIES
<http://fhs.ky.gov>

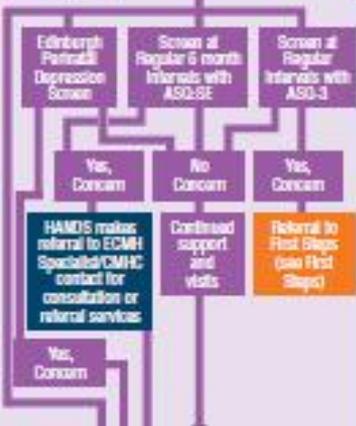
Key information about the EC Guide:

Family Driven: to emphasize and encourage family involvement with all systems providing services to children and families in order to strengthen the parent's role as an advocate and primary decision-maker for their child's continued growth and development.



HANDS (age prenatal – 3)

HOME VISITING PROGRAM – through local health departments for first time moms or first time dads beginning at conception to improve both health and social outcomes.
www.chf.ky.gov/dph/hack/local/hands.htm



CHILDCARE (ages 6 weeks to 5+)

Any licensed childcare center, certified family home or private preschool provider
www.chf.ky.gov/dph/dcc



Purpose: to help service providers and families refer young children to appropriate programs and community services that are designed to support families with children from the prenatal stage through age five.

Vision: to improve the integration of medical, educational, social-emotional and developmental services for families while emphasizing the need for family involvement and family-driven care.



FIRST STEPS (ages 0 to 3)

Early intervention system for children with developmental delays or conditions known to cause developmental delays (primarily in home)
www.chhs.ky.gov/dpivfirststeps/

Referral to Point of Entry for First Steps (POE) by family or early childhood partner

Screen with ASQ-3 Screen with ASQ:SE

POE will arrange for assessment to determine eligibility

Eligible

Not eligible

Individualized Family Service Plan (IFSP) created

Referral to other community services

Early intervention services as determined individually appropriate provided by First Steps enrolled providers

If needing continued social-emotional services referral to ECMV/CMHC contact

If needing further developmental services at age 3 referral to State Funded Preschool

If needing continued developmental services referral to Pediatrician or family doctor

Local rehabilitation or home health provider



EARLY HEAD START (ages 0 to 3)

A federally funded program for economically disadvantaged children (programs designed locally based on community needs; may be center based or home visiting program) - www.khca.org

All EHS children receive comprehensive screening with results discussed with parents: Health Status, Developmental, Vision, Hearing, & Behavioral

Mental Health Concern Identified

Developmental Delay Identified

No Developmental Delay or Mental Health Concern Identified

Referral to First Steps (see First Steps)

If continued social-emotional or behavioral concerns, referral to ECMV/CMHC contact

If needing continued developmental services referral to Pediatrician or family doctor

Local rehabilitation or home health provider

CONTINUED SUPPORT AND ONGOING ASSESSMENT
Documentation and recording of children's progress in order to plan and individualize for each child and identify any emerging concerns

Emerging concerns -- lack of progress

Referral to other community services

If needing further services at age 3 referral to Head Start

Goal: to improve the promotion, prevention, transition and treatment for children and families by:

- Promoting early intervention
- Helping community partners make appropriate referrals
- Listing available services/resources
- Highlighting age requirements and age transition points
- Emphasizing program collaboration and coordination (blending-braiding-transitioning-seamless-uninterrupted)

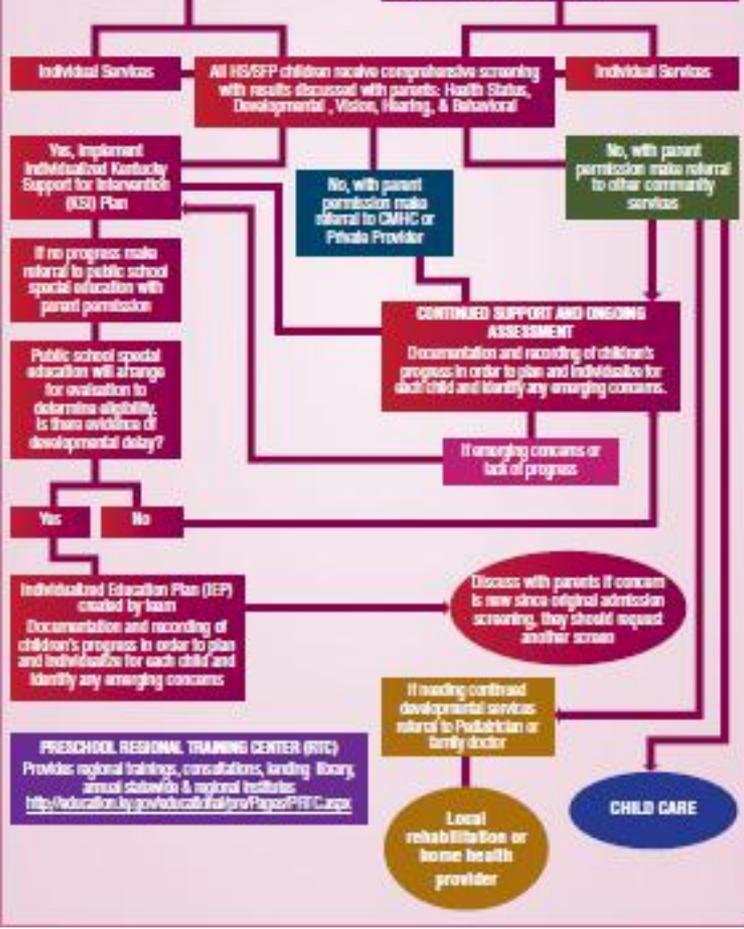


HEAD START (ages 3-4)

A federally funded program for economically disadvantaged children (programs designed locally based on community needs; program times vary locally) - www.headstart.org

STATE FUNDED PRESCHOOL (ages 3-4)

Preschool is for 3 and 4 year olds with disabilities, as well as income eligible 4 year olds (Typically center based 1/2 day program) - <http://education.ty.gov/educational/psa/Pages/default.aspx>



Structure of EC Guide:

- Page 1 -- highlights some of the primary early childhood programs and services
- There are **eight categories** across the first page, beginning with family, then medical, and then moving across the early childhood lifespan. Six primary statewide early childhood services (with the exception of Early Head Start) are included on the first page.
- The guide is **color coordinated** in order to highlight linkages between early childhood services. For example, the gold color denoting the medical category is a possible referral source under other categories

ACCESS TO EARLY CHILDHOOD SERVICES FOR CHILDREN AND FAMILIES PRENATAL THROUGH AGE 5

PURPOSE: To help service providers and families refer young children to appropriate programs and community services that are designed to support families with children from the prenatal stage through age five.

VISION: To improve the integration of medical, educational, social-emotional and developmental services for families while establishing the need for family involvement and family driven care.

GOAL: To improve the promotion, prevention, transition and treatment of children and families.

FAMILY

Family Support Resources

For more information on Family resources, please see link to KPFC <http://www.kypartnership.org/>

MEDICAL, DENTAL, & SOCIAL-EMOTIONAL SERVICES

Medicaid

1-800-855-2570 • <http://chfs.ky.gov/dms/default.htm>

KCHIP: Kentucky Children's Health Insurance Program is for children under the age of 19 who do not have health insurance and whose family income is below 500 percent of the federal poverty level
<http://www.kidshs.ky.gov/en/kchip>

EPSDT: Early Periodic Screening, Diagnosis, and Treatment – provides preventative health care for children and teens, specialty health care for medically necessary services.
<http://chfs.ky.gov/dms/services.htm>

LHD: Local Health Departments – provide WIC, nutrition, breastfeeding, and other women's health services. LHD also provide pediatric health services including child physicals, immunizations, fluoride varnish, lead screening and case management, and infectious disease services.
<http://chfs.ky.gov/dph/Local+Health+Department.htm>

WIC: (Women, Infants, and Children) Nutritional Support Program – Administered by LHD, provides a monthly food package, nutrition education, and access to maternal, prenatal and pediatric health care services to low-income program, breastfeeding and postpartum women, infants and children up to age 5.
<http://chfs.ky.gov/dph/wic/wic.htm>

Commission for Children with Special Health Care Needs – provides care for children with physical disabilities.
1-800-252-1160 • <http://chfs.ky.gov/coach/>

Four points of early childhood dental health:

- First dental visit by age one.
- Fluorid and dependable oral hygiene by the parent to the child
- Periodic application of fluoride varnish
- Routine dental care in the early years because even primary teeth are important

CHILDCARE

CCAP: Child Care Assistance Program – provides subsidy program for low income families
<http://chfs.ky.gov/dcs/ccoccap.htm>

Child Care Aware of Kentucky – provides parent referrals and access to professional development opportunities and resources
<http://www.kentuckypartnership.org/childcareaware.aspx>

CECC: Community Early Childhood Councils – Improving school readiness for every child in every community
<http://kidsnow.ky.gov/mobilizing-communities/pages/default.aspx>

STARS for KIDS Now – Kentucky's voluntary quality rating improvement system
1-800-421-1903 • <http://chfs.ky.gov/dcs/ccocstars>

CCHC: Child Care Health Consultation – Technical assistance of childcare providers for health, safety, nutrition
1-877-281-5277 • www.kentuckychc.org

ECMH: Early Childhood Mental Health Program – consist of regional ECMH Specialists who provide consultation and training to child care providers regarding social, emotional and behavioral issues. Also provide evaluation, assessment, and therapeutic services for children from birth through the age of 5 and their families • <http://mhmk.ky.gov/mhssas/Early%20Childhood%20CMH.asp?sub1>

Kentucky Partnership for Early Childhood Services
<http://www.kantidspartnership.org/Homa.aspx>

For more information or questions contact:



Healthy Children and Youth With Behavioral Health Challenge
207 Holmes Street, First Floor
Frankfort, KY 40601
502-875-1200 • 1-800-369-0533
www.kypartnership.org

DEPARTMENT FOR BEHAVIORAL HEALTH, DEVELOPMENTAL & INTELLECTUAL DISABILITIES

CMHC: Community Mental Health Centers or Comprehensive Care Centers
<http://chfs.ky.gov/dms/Community-Mental-Health-Centers.htm>

ECMH Services: Through ECMH Program – CMHC have providers trained to work with children 5 years of age and younger and their families. (See CMHC website)

KY IMPACT – program which utilizes service coordination to wrap services around children with severe emotional disabilities
<http://mhmk.ky.gov/mhssas/KY%20Impact.asp>

RIAC: Regional Interagency Councils – are a part of KY IMPACT and provide regional guidance to services for children struggling with social-emotional issues and their families

Impact Plus – program for children at risk for entry into foster care or institutionalization
<http://mhmk.ky.gov/mhssas/IMPACT%20Plus.asp>

KIDS Now Plus – case management services for pregnant women at risk for SA, MH, and DV problems
(800) 374-9146 • <http://oldar.uky.edu/KIDSNOWWelcome.html>

STATE RESOURCES FOR AUTISM

Kentucky Autism Training Center:
<https://autisvfile.education.ky.gov/autitraining>

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- Kentucky Department of Education, Office of Next Generation Learners

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LOCAL CONTACTS

Please write in local contact information where applicable

Local Health Department Number: <http://chfs.ky.gov/dph/>

HANDS Coordinator (in LHD):

First Steps Point of Entry: KY 1-800-446-0007

DCBS Family Support Office: <http://chfs.ky.gov/dcs/bdts>

Community Action Agency: 1-800-456-3452

Governor's Office of Early Childhood: 502-759-0200 (<http://kidsnow.ky.gov/>)

Head Start or Early Head Start Coordinator: www.khssa.org

Local School District: <http://education.ky.gov/commschdist/Pages/default.aspx>

State Funded Preschool Local Coordinator:

Child Care Resource & Referral Agency: 1-877-316-3552

Child Care Health Consultation: 1-877-281-5277

Community Mental Health Center: 858-705-0403

Early Childhood Mental Health Specialist: <http://mhmk.ky.gov/mhssas/Early%20Childhood%20MH.asp?sub1>

Home Health Providers:

Local Rehabilitation Provider:

Prevent Child Abuse Kentucky: 859-225-0879 (www.pcakyo.org/)

Abuse Hotline: 800-752-6200

Poison Control: 800-222-1222

Injury Prevention/SAFE KIDS Coalition: <http://www.kipr.uky.edu/projects/papp/safechildjune2011.pdf>

KY Dept. for Libraries & Archives: <http://kda.ky.gov/libraries/Pages/LibraryDirectory.aspx>

Early Hearing Detection & Intervention: 877-757-4327

Visually Impaired Preschool Services (VIPS): 1-888-436-6477

Commission for Special Health Care Needs (COSHCN): 1-800-232-1160

Other:

- Page 2 -- provides information on other state and national programs serving children and families.
- Finally, one of the aims of this guide is for families and service providers to discover the local contact information in their area. On the far right hand side of the **second page** of this document, space is provided to document local contact information.